

# Resources

## for Helping Children, Families, and Early Childhood Educators Build Coping Skills

### Young Children articles and NAEYC books and videos/DVDs

- Acquiring self-regulation*. 1999. DVD. 22 min. Prod. The Child Care Collection at Ball State University. Available from NAEYC.
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- Facing the challenge: Working with children who use challenging behaviors*. 2007. DVD. Disc 1: *What is challenging behavior?* Disc 2: *Prevention strategies*. 140 min. total. Prod. Devereux Early Childhood Initiative & Video Active Productions, with NAEYC. Available together or separately from NAEYC.
- Fenlon, A. 2005. Collaborative steps: Paving the way to kindergarten for young children with disabilities. *Young Children* 60 (2): 32–37. [www.journal.naeyc.org/btj/200503](http://www.journal.naeyc.org/btj/200503)
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- Hopkins, A.R. 2002. Children and grief: The role of the early childhood educator. *Young Children* 57 (1): 40–47.

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- Practical strategies for teaching social emotional skills*. 2008. DVD. 28 min. Prod. Center for Evidence-Based Practice: Young Children with Challenging Behavior & Center on the Social and Emotional Foundations for Early Learning. Available from NAEYC.
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- Welcoming all children*. 1999. DVD. 28 min. Prod. The Child Care Collection at Ball State University. Available from NAEYC.
- "What do you do with the mad that you feel?" workshop. 2006. Multimedia training kit. Incl. video (16 min.), facilitator's guide, CD-ROM with PowerPoint and PDF files, handout masters, background materials, and children's book list. Prod. Family Communications Inc. Available from NAEYC.

## Other articles, books, journals, and resources

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## Web resources

- Bipolar Kids** offers several resources—people, articles, and a listserv—to help parents of children who are bipolar. [www.geocities.com/EnchantedForest/1068](http://www.geocities.com/EnchantedForest/1068)
- Guidance Matters**, a *Young Children* column by Dan Gartrell, shares strategies for classroom guidance. Find it online in *Beyond the Journal*, Jan. 2006–July 2008. [www.journal.naeyc.org/btj/archive.asp](http://www.journal.naeyc.org/btj/archive.asp)
- Of Primary Interest** is a *Young Children* column (Mar., July, and Nov.) by National Association of Early Childhood Specialists in State Departments of Education (NAECS/SDE) members for kindergarten and primary teachers. [www.journal.naeyc.org/btj/archive.asp](http://www.journal.naeyc.org/btj/archive.asp)
- Parenting and Child Health** concentrates on how parents and families can establish coping skills with their children. The site offers specific suggestions for ways to improve a child's resiliency. [www.cyh.com/HealthTopics/HealthTopicDetails.aspx?p=114&np=122&id=1739](http://www.cyh.com/HealthTopics/HealthTopicDetails.aspx?p=114&np=122&id=1739)
- Partnership for Children**, based in the UK, offers "Zippy's Friends," a mental health program for children worldwide, ages 5–7. Parent and teacher materials are in multiple languages. [www.partnershipforchildren.org.uk/zippy-s-friends.html](http://www.partnershipforchildren.org.uk/zippy-s-friends.html)
- Rocking & Rolling: Supporting Infants, Toddlers, and Their Families**, a column published in *Young Children* (Jan., May, and Sept.), is contributed by ZERO TO THREE. [www.journal.naeyc.org/btj/archive.asp](http://www.journal.naeyc.org/btj/archive.asp)
- Teaching Tolerance**, from the Southern Poverty Law Center, is dedicated to reducing prejudice and supporting equitable school experiences for children. The site provides free teaching materials, free curriculum kits, activity suggestions, and a magazine to encourage tolerance. [www.tolerance.org](http://www.tolerance.org)
- ZERO TO THREE** has a section for parents, with information to help them make wise parenting choices, and a section for early childhood professionals, offering research-based resources. [www.zerotothree.org](http://www.zerotothree.org)

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