Children’s Books about Family Relationships and Experiences

Compiled by Jennifer Birckmayer, Janette Cohen, Isabelle Doran Jensen, and Denyse Altman Variano

This book list complements “Kyle Lives with His Granny—Where Are His Mommy and Daddy? Supporting Grandparents Who Raise Grandchildren,” published in the May 2005 issue of Young Children. The books listed are intended to help families and caregivers navigate the wide variety of emotions and situations that affect the lives of young children.

Aarvy Aardvark Finds Hope by Donna O’Toole. 1988. All ages. An aardvark’s delayed grief over the loss of a family member begins to heal through the support of a caring friend.

Abuela by Arthur Dorros, illus. by Elisa Kleven. 1995. Ages 4–8. While riding on a bus with her grandmother a little girl imagines they are carried up in the sky and fly over the sights of New York City. In Spanish.


The Button Box by Margarette S. Reid, illus. by Sarah Chamberlain. 1990. Ages 4–8. A child explores the treasures in his grandmother’s button box.

Can You Do This, Old Badger? by Eve Bunting, illus. by LeUyen Pham. 2000. Ages 4–8. Although Old Badger cannot do some things as easily as he used to, he can still teach Little Badger a lot about catching fish, eating worms, and staying safe and happy.


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Six-year-old Thembi accompanies her 100-year-old grandmother who is going to vote in the first election in which Black South Africans are allowed to participate.


Dinosaur characters depict the range of experiences and feelings encountered by children whose parents have divorced. Simple, direct text and lively pictures encourage young readers to acknowledge and express their own fears and reactions to this experience.


This story provides a model for how to respond to children’s questions about a parent they have never seen.


This book helps children from families dealing with alcoholism learn about the disease and new ways to handle feelings.


Everett Anderson has a difficult time coming to terms with his grief after his father dies.


After spending the day with his daddy, a young bear is sad and angry that his father has to leave. He comes to learn that even when a father has to live in another home, the love and caring never go away.


A tour of Grandmother’s dollhouse provides her grandson with information about the architecture, art, food, and culture of New Mexico.


Here is a collection of lullabies, tongue twisters, and riddles in English and Spanish from South America.


An African American boy hears about his African heritage and learns to be proud of his dark skin.


Every Saturday Grandpa and grandchild work in the garden, sharing words and thoughts. After Grandpa has a heart attack, his grandchild works alone for a time.


A boy who is blind remembers his loving relationship with his grandmother and the gift she left him after her death.
There are many ways to be different, and all of them are okay.

When Grandma decides that it is time to have fun outdoors, Grandpa has trouble keeping up.

A young African boy who lives with his grandparents on their coffee farm follows a hen to find out where she hides her eggs.

Here is a collection of activities to help grandparents and grandchildren stay committed and build on their special relationship.

Nahoa and her grandmother plan to make a particularly beautiful lei for Lei Day. When grandmother becomes ill and is taken to the hospital, Nahoa devises a special plan to cheer her up.

This book explains what it’s like to live with a grandparent and gives some hints for ways to make the relationship work.

Lily worries that she will be the only kid in her class to bring just one person to Family Fun Night, but she discovers there are many kinds of families, including grandparents raising a grandson.

A young girl and her grandfather spend the morning at the park in a big city in China.

Annisha lives with her grandmother, who is HIV positive. Young readers learn it is safe to live with, kiss, and hug someone they love who is infected with AIDS.

A boy tells about the death of his grandmother. The story portrays how young children respond to the death of a loved one.

A celebration of grandmothers!

Although she may forget many things, Grandma remembers the special times she and Ellie have shared.

Robert’s parents are divorced, and he lives with his grandparents. When his grandmother decides to attend Parents Day at school, Robert is afraid of what the other kids will think of him.
Losing a loved one is the subject of these three gentle stories.

When her grandmother dies, seven-year-old Suzie and her parents go to the town where Mother grew up to attend the funeral.

A young boy who is harassed by the school bully learns that he cannot overcome fear by running away or by becoming a bully himself.

Sophie grows bigger and her grandfather gets smaller, and they continue to love each other very much.

Zenon lives on a space station somewhere in the Milky Way, and her parents send her to her grandparents’ farm on Earth for the summer.

When his cat dies a boy tries to think of ten good things to say about his pet at the funeral.

John learns about new sounds, smells, and ways of doing everyday things by “seeing” the world as his blind grandpa does.

A child’s emotions color and change each day, going from silliness to anger to excitement.

Patrick’s first sleepover at his Granny’s house is quite an adventure!

Grandparents can do many things, but best of all they give you lots of love.

This book explains the feelings people may have when a loved one dies and suggests ways to honor the dead.

Different people handle anger in different ways. When Sophie gets angry she climbs her favorite tree.

Gentle verses about love between a parent and child, such as I am your parent / You are my child. / I am your quiet place / You are my Wild.


When her great aunt dies, a child finds comfort at the memorial service being held and in holding too.