Talking to and Supporting Children and Ourselves During the Pandemic

A preview of the July 2020 issue of *Young Children* is available online with the new article <u>Supporting Young Children after</u> <u>Crisis Events</u> by David J. Schonfeld, Thomas Demaria, and Sairam A. Kumar:

"Sofia, 3 ½ years old, has attended an early childhood center for two years without any behavioral or emotional problems; that is, until recently, when her community experienced extensive wildfires that destroyed or damaged about 20 percent of homes. Although Sofia's home was not damaged, the store where her mother worked was destroyed. Sofia begins to protest when her mother leaves her at drop-off in the morning. Sofia frequently asks about her mother throughout the day, often going to the window to look for her. She starts to use baby talk and seems anxious and unable to rest at nap time..."

Read the full article on our website.

Interested in hearing more from David J. Schonfeld? Read his article <u>Helping Young Children Grieve and Understand Death</u> in the May 2019 online issue of Young Children.

Resources on helping children and families after a traumatic event or disaster:

- National Center for School Crisis and Bereavement (NCSCB)—<u>www.schoolcrisiscenter.org</u>, or contact the center at 877-536-2722 or <u>info@schoolcrisiscenter.org</u>.
- Coalition to Support Grieving Students—<u>www.grievingstudents.org</u>. The Coalition offers a wide range of free, video-based and print resources
- Promoting Adjustment and Helping Children Cope—American Academy of Pediatrics resource page, www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Children-an...

Further information can be found in the following publications:

- The Grieving Student: A Teacher's Guide, by David J. Schonfeld and Marcia Quackenbush (2010)
- "Supporting the Grieving Child and Family," by David J. Schonfeld, Thomas Demaria, the Committee on Psychosocial Aspects of Child and Family Health, and the Disaster Preparedness Advisory Council, in Pediatrics, vol. 138, issue 3 (2016)
- "Supporting Grieving Students in the Aftermath of a School Crisis," by David J. Schonfeld and Thomas Demaria, Chapter 10 in Clinical Handbook of Bereavement and Grief Reactions, edited by Eric Bui (2018)

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