Chapter 1: Health and Safety for Children and Early Childhood Educators

n/a

Chapter 2: Healthcare Professionals and Educators Work Together to Support Healthy and Thriving Children

1.6.0.1: Child Care Health Consultants

Chapter 3: Enrollment, Health Documentation, Assessments, and Screenings

3.1.2.1: Routine Health Supervision and Growth Monitoring

9.4.1.2: Maintenance of Records

9.4.1.3: Written Policy on Confidentiality of Records

Chapter 4: Health Education for Nutrition and Oral Health

4.2.0.7: 100% Fruit Juice

4.3.1.7: Feeding Cow’s Milk

4.3.1.1: General Plan for Feeding Infants

4.3.1.3: Preparing, Feeding, and Storing Human Milk

5.2.6.3: Testing for Lead and Copper Levels in Drinking Water

Chapter 5: Physical Activity

2.1.1.2: Health, Nutrition, Physical Activity, and Safety Awareness

3.1.3.1: Active Opportunities for Physical Activity

3.1.3.2: Playing Outdoors

3.1.3.3: Protection from Air Pollution While Children are Outside

3.1.3.4: Caregivers’/Teachers’ Encouragement of Physical Activity

3.4.5.1: Sun Safety Including Sunscreen

5.3.1.10: Restrictive Infant Equipment Requirements

6.1.0.1: Size and Location of Outdoor Play Area
8.2.0.1: Inclusion in All Activities

9.2.3.1: Policies and Practices that Promote Physical Activity

**Chapter 6: Social-Emotional and Mental Health**

2.2.0.7: Handling Physical Aggression, Biting, and Hitting

2.2.0.8: Preventing Expulsions, Suspensions, and Other Limitations in Services

**Chapter 7: First Aid and Injuries**

1.4.3: First Aid and CPR Training

1.4.3.1: First Aid and Cardiopulmonary Resuscitation Training for Staff

3.1.3.2: Playing Outdoors

3.1.4.1: Safe Sleep Practices and SIDS/Suffocation Risk Reduction

3.2.3.4 Prevention of Exposure to Blood and Body Fluids

3.4.6.1: Strangulation Hazards

4.5.0.10: Foods that are Choking Hazards

5.1.1.3: Compliance with Fire Prevention Code

5.2.9.2: Prevention and Management of Toxic Substances

5.2.9.5: Carbon Monoxide Detectors

5.6.0.1: Supplies

6.3.5.2: Water in Containers

9.2.4.1: Handling Urgent Medical or Threatening Incidents

9.2.4.5: Emergency and Evacuation Drills Policy

9.2.5.1: Transportation Policies for Centers and Large Family Homes

**Chapter 8: Understanding Common Illnesses and Conditions**

3.1.1.1: Conduct of Daily Health Check

3.2.2.1: Situations that Require Hand Hygiene

3.2.2.2: Handwashing Procedure

3.2.3.2: Cough and Sneeze Etiquette
3.2.3.4: Prevention of Exposure to Blood and Body Fluids
3.3.0.1: Routine Cleaning, Sanitizing, and Disinfecting
3.6.1: Inclusion/Exclusion Due to Illness
3.6.1.1: Inclusion/Exclusion/Dismissal of Ill Children
3.6.3.1: Medication Administration
4.2.0.10: Care for Children with Food Allergies
5.2.1: Fresh Air
5.2.1.15: Quality of the Outdoor and Indoor Environment
5.7.0.3: Removal of Allergen Triggering Materials from Outdoor Areas
7.1: Infections in Early Care and Education Programs
7.2: Immunizations
7.3.7: Pertussis
7.3.8: Respiratory Syncytial Virus (RSV)
7.3.8.1 Attendance of Children with Respiratory Syncytial Virus (RSV) Respiratory Tract Infection
7.5.1: Conjunctivitis

CFOC. Handling Urgent Medical or Threatening Incidents

**Chapter 9: Preventing and Managing Infectious Diseases**

1.1.2.1: Ratios
1.6.0.1: Child Care Health Consultants
3.1.1.1: Daily Health Check
3.1.3.1: Active Play for Physical Activity
3.1.3.2: Playing Outdoors
3.1.4.4: Scheduled Rest Periods and Sleep Arrangements
3.1.5.1: Routine Oral Hygiene Activities
3.2.1.4: Diaper Changing Procedure
3.2.2.1: Situations that Require Hand Hygiene
3.2.2.2: Handwashing Procedure

3.2.2.3: Assisting Children with Hand Hygiene

3.2.2.5: Hand Sanitizers

3.2.3.4: Prevention of Exposure to Blood and Body Fluids

3.3: Cleaning, Sanitizing, and Disinfecting

3.3.0.1: Routine Cleaning, Sanitizing, and Disinfecting

3.4.5.2: Insect bites

3.6.1.1: Inclusion/Exclusion/Dismissal of Children

4.9.0.1: Dishwashing in Centers

5.1.2.1: Space required per Child

5.2.1.1: Ensuring Access to Fresh Air Indoors

5.2.1.2: Indoor Temperature and Humidity

5.2.1.3: Heating and Ventilation Equipment Inspection and Maintenance

5.2.9.3: Informing Staff Regarding Presence of Toxic Substances

5.4.5.1: Sleeping Equipment and Supplies

7.2.0.2: Unimmunized/Underimmunized Children

Appendix A: Signs and Symptoms Chart

Appendix G: Child and Adolescent Immunization Schedule

Appendix H: Adult Immunization Schedule

Appendix J: Selection and use of a cleaning, sanitizing, or disinfecting product

Appendix K: Routine schedule for cleaning, sanitizing, and disinfecting

Appendix L: Cleaning Up Body Fluids

Chapter 10: Inclusion of Young Children with Special Healthcare Needs and/or Medical Complexity

3.5.0.1: Care Plan for Children with Special Health Care Needs

3.5.0.2: Caring for Children Who Require Medical Procedures
Chapter 11: Child Maltreatment: What It Is and What to Do

1.2.0.2: Background Screening

1.4.5.2: Child Abuse and Neglect Education

2.1.2: Program Activities for Infants and Toddlers from Three Months to Less Than Thirty-Six Months

2.1.2.1: Personal Caregiver/Teacher Relationships for Infants and Toddlers

2.2.0.6: Discipline Measures

3.4.4.1 Recognizing and Reporting Suspected Child Abuse, Neglect, and Exploitation

3.4.4.2 Immunity for Reporters of Child Abuse and Neglect

3.4.4.3 Preventing and Identifying Shaken Baby Syndrome/Abusive Head Trauma

3.4.4.4 Care for Children Who Have Experienced Abuse/Neglect

3.4.4.5 Facility Layout to Reduce Risk of Child Abuse and Neglect

9.4.1.9 Records of Injury

Chapter 12: Emergency and Disaster Preparation and Planning

9.2.4: Emergency/Security Policies and Plans

9.2.4.6: Use of Daily Roster During Evacuation Drills

9.4.1.16 Evacuation and Shelter-In-Place Drill Record

5.5.0.8: Firearms

Chapter 13: Creating a Safe Environment

5.1.2.1 Space Required per Child

5.1.2.2: Floor Space Beneath Low Ceiling Heights

5.2.1: Ventilation, Heating, Cooling, and Hot Water

5.2.2: Lighting

5.2.3.1: Noise Levels

6.5.1.1: Competence and Training of Transportation Staff

Appendix K: Routine schedule for cleaning, sanitizing, and disinfecting